

Daily Priorities & Schedule



WiserFit
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Date:

What are my top priorities I absolutely MUST get done?

How much time do you estimate you'll spend on each priority?

1.

2.

3.

4.

5.

What is the most profitable thing I can/will get DONE today?

What do I need to do that I have been avoiding?

What am I doing today to grow/better myself personally?
(such as reading, journaling, learning something new, etc)